



SCOTTISH FA COACH EDUCATION

LEVEL 1 COURSE PROGRAMME OCTOBER – DECEMBER 2025



INTRODUCTION TO COACHING

Month	Session 1	Session 2
OCTOBER	6 th October – 6PM-8:15PM	8 th October – 6PM-8:15PM
	7 th October – 6PM-8:15PM	9 th October – 6PM-8:15PM
	12 th October – 9AM-2:30PM	N/A
	13 th October – 6PM-8:15PM	17 th October – 6PM-8:15PM
	14 th October – 6PM-8:15PM	16 th October – 6PM-8:15PM
	16 th October – 9AM-2:30PM	N/A
	19 th October – 9AM-2:30PM	N/A
	21 st October – 6PM-8:15PM	22 nd October – 6PM-8:15PM
	28 th October – 6PM-8:15PM	30 th October – 6PM-8:15PM

Month	Session 1	Session 2
NOVEMBER	4 th November – 6PM-9PM	6 th November – 6PM-9PM
	4 th November – 6PM-9PM	11 th November – 6PM-9PM
	11 th November – 6PM-9PM	13 th November – 6PM-9PM
	14 th November – 6PM-9PM	21 st November – 6PM-9PM
	17 th November – 6PM-9PM	19 th November – 6PM-9PM
	22 nd November – 9AM-2:30PM	N/A
	25 th November – 6PM-9PM	26 th November – 6PM-9PM
	30 th November – 9AM-2:30PM	N/A

Month	Session 1	Session 2
DECEMBER	2 nd December – 6PM-8:15PM	4 th December – 6PM-8:15PM
	8 th December – 6PM-8:15PM	10 th December – 6PM-8:15PM
	8 th December – 6PM-8:15PM	12 th December – 6PM-8:15PM
	16 th December – 6PM-8:15PM	17 th December – 6PM-8:15PM
	16 th December – 6PM-8:15PM	18 th December – 6PM-8:15PM
	19 th December – 9AM-2:30PM	N/A
	21 st December – 9AM-2:30PM	N/A

CHILDREN’S COACHING CERTIFICATE

Month	Session 1	Session 2	Session 3
OCTOBER	6 th October – 6PM-9PM	8 th October – 6PM-9PM	13 th October – 6PM-9PM
	13 th October – 6PM-9PM	15 th October – 6PM-9PM	20 th October – 6PM-9PM
	18 th October – 9AM-4PM	25 th October – 9AM-12PM	N/A
	20 th October – 6PM-9PM	22 nd October – 6PM-9PM	27 th October – 6PM-9PM

Month	Session 1	Session 2	Session 3
NOVEMBER	3 rd November – 6PM-9PM	5 th November – 6PM-9PM	10 th November – 6PM-9PM
	4 th November – 6PM-9PM	6 th November – 6PM-9PM	11 th November – 6PM-9PM
	9 th November – 9AM-4PM	16 th November – 9AM-12PM	N/A
	11 th November – 6PM-9PM	13 th November – 6PM-9PM	18 th November – 6PM-9PM
	15 th November – 9AM-4PM	22 nd November – 9AM-12PM	N/A
	17 th November – 6PM-9PM	19 th November – 6PM-9PM	26 th November – 6PM-9PM
	22 nd November – 9AM-4PM	29 th November – 9AM-12PM	N/A

Month	Session 1	Session 2	Session 3
DECEMBER	3 rd December – 6PM-9PM	4 th December – 6PM-9PM	10 th December – 6PM-9PM
	6 th December – 9AM-4PM	13 th December – 9AM-12PM	N/A

CHILDREN’S COACHING AWARD

Month	Session 1	Session 2	Session 3
OCTOBER	25 th October – 9AM-4PM	1 st November – 9AM-12PM	N/A

Month	Session 1	Session 2	Session 3
NOVEMBER	10 th November – 6PM-9PM	12 th November – 6PM-9PM	17 th November – 6PM-9PM

YOUTH & ADULT COACHING CERTIFICATE

Month	Session 1	Session 2	Session 3
OCTOBER	7 th October – 6PM-9PM	9 th October – 6PM-9PM	14 th October – 6PM-9PM
	14 th October – 6PM-9PM	16 th October – 6PM-9PM	21 st October – 6PM-9PM
	27 th October – 6PM-9PM	29 th October – 6PM-9PM	3 rd November – 6PM-9PM
	30 th October – 6PM-9PM	2 nd November – 6PM-9PM	6 th November – 6PM-9PM

Month	Session 1	Session 2	Session 3
NOVEMBER	3 rd November – 6PM-9PM	4 th November – 6PM-9PM	10 th November – 6PM-9PM
	4 th November – 6PM-9PM	6 th November – 6PM-9PM	13 th November – 6PM-9PM
	10 th November – 6PM-9PM	12 th November – 6PM-9PM	17 th November – 6PM-9PM
	16 th November – 9AM-4PM	23 rd November – 9AM-12PM	N/A
	18 th November – 6PM-9PM	19 th November – 6PM-9PM	26 th November – 6PM-9PM

Month	Session 1	Session 2	Session 3
DECEMBER	2 nd December – 6PM-9PM	4 th December – 6PM-9PM	9 th December – 6PM-9PM
	10 th December – 6PM-9PM	11 th December – 6PM-9PM	17 th December – 6PM-9PM

YOUTH & ADULT COACHING AWARD

Month	Session 1	Session 2	Session 3
OCTOBER	13 th October – 6PM-9PM	14 th October – 6PM-9PM	20 th October – 6PM-9PM
	30 th October – 6PM-9PM	2 nd November – 6PM-9PM	6 th November – 6PM-9PM

Month	Session 1	Session 2	Session 3
NOVEMBER	5 th November – 6PM-9PM	6 th November – 6PM-9PM	12 th November – 6PM-9PM

Month	Session 1	Session 2	Session 3
DECEMBER	1 st December – 6PM-9PM	2 nd December – 6PM-9PM	8 th December – 6PM-9PM

MY COMET UPDATE

We have now launched our new Football Admin System; Scottish FA COMET. We would recommend that you to familiarise yourself with the new system before booking courses. Please login using the link:

<https://www.scottishfacomet.co.uk/mycomet/>.

For step-by-step guides and videos to help you navigate our new system please visit <https://support.scottishfa.co.uk/>. If you can't find what you're looking for within the Scottish FA Support site, you can also raise a ticket for individual assistance.

ATTENDANCE

Course candidates must attain 100% attendance during all course hours and must complete all tasks to a satisfactory level, within the specified deadline.

DISTRIBUTION OF COURSE PRESENTATIONS & MATERIAL

All course participants will have access to copies of the presentations and course resources through their Scottish FA COMET account.

To access the content, log in via <https://www.scottishfacomet.co.uk/mycomet/>. All course content will be in the resources tab of each course.

The copyright of the information belongs to the Scottish FA and should not be misappropriated or used without prior permission.

ZOOM

To successfully complete our courses all candidates must be able to adequately use Zoom and the key features/applications that come with it. Candidates may be delivering tasks using this method. Please ensure you have the most up to date version of zoom prior to attending your course.

FULL TERMS & CONDITIONS

Full Terms & Conditions are available on
<https://www.scottishfacomet.co.uk/mycomet/>

FAQ'S & SUPPORT

<https://support.scottishfa.co.uk/>

SOCIAL MEDIA

We would be extremely grateful if you could share your experiences with us through social media. Here are some useful people to tag and follow:

TWITTER/X

#ScottishFACoachEd

Ritchie Wilson @ritchiewils | Martyn Buckie @MartynBuckie |
Dougie Anderson @dougieanderso12 | Alan White @ch4lkster

North Region @ScotFANorth | East Region @ScotFAEast | Central Region
@ScotFACentral | South West Region @ScotFASouthWest | South East Region
@ScotFASouthEast | West Region @ScotFAWest

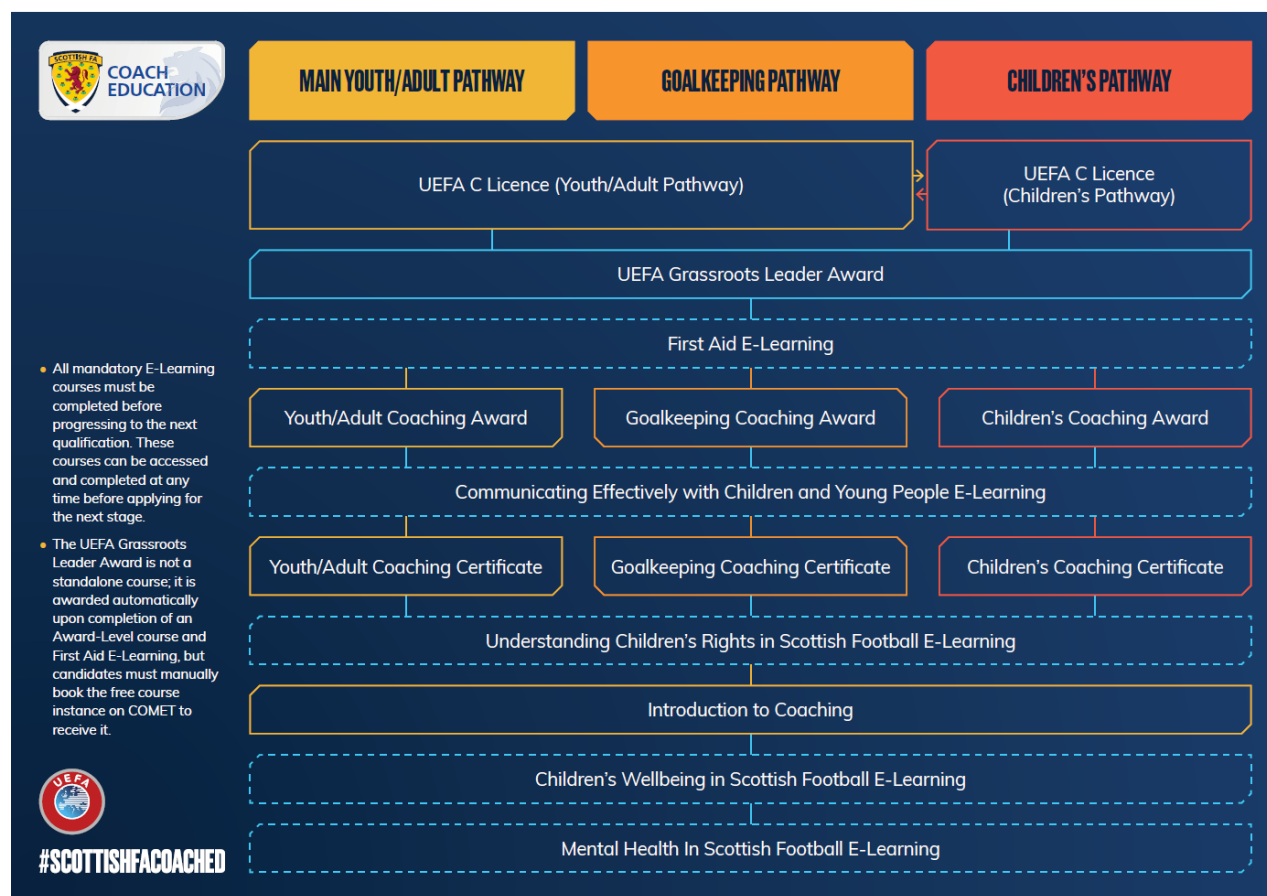
FACEBOOK

Join the group: 'Scottish FA Coach Education & Development'

COACH ED NEWSLETTER

Coach Ed Newsletter Sign Up – <https://www.scottishfa.co.uk/football-development/coaching/coach-education-newsletter>

SCOTTISH FA GRASSROOTS PATHWAY



E-LEARNING PRE-REQUISITIES

Children's Wellbeing in Scottish Football:

<https://www.scottishfacomet.co.uk/mycomet/private/seminars/7299271>

Mental Health in Scottish Football:

<https://www.scottishfacomet.co.uk/mycomet/private/seminars/7285040>

Understanding Children's Rights in Scottish Football:

<https://www.scottishfacomet.co.uk/mycomet/private/seminars/7289397>

Communicating Effectively with Children and Young People:

<https://www.scottishfacomet.co.uk/mycomet/private/seminars/7289727>

First Aid E-Learning (£25):

<https://www.scottishfacomet.co.uk/mycomet/private/seminars/7285078>

